



# Veterans Affairs Medical Center

**Skill Area:** Medical Nutrition Therapy

**Competencies:** DI 2.4, DI 2.6, DI 2.11, DI 2.7,  
DI 3.1, DI 3.1a, DI 3.1b, DI 3.1c, DI 3.1d, DI 4.11

## **Intern Duties:**

- Initial Nutrition Assessments and Follow-Ups
- Development of Nutrition Care Plans
- Nutrition Interventions
- Individualized Nutrition Educations
  - Diabetes
  - Chronic Kidney Disease and Renal Failure
  - Hypertension
  - Drug and nutrient interactions
    - Warfarin/Coumadin
  - Home Tube Feeding

## **Rotation Reflection:**

Having the opportunity to complete over five weeks of medical nutrition therapy and nutrition support at the VA-Fresno was an incredible experience. This rotation was an excellent learning ground that provided me with much knowledge in a variety of disease states as well as their specific nutritional treatment. The dietitians at the VA gave me much independence and allowed me to spend a significant amount of time in the ICU, acute care, and the CLC. Conducting nutrition educations was another important duty that I had as an intern. Common nutrition educations included diabetes, chronic kidney disease, renal failure on hemodialysis, diverticulosis, drug and nutrient interactions, and even home tube feeding educations.